## The Remedy Facial

It's best to arrive with minimal makeup on your face. We understand that's not always possible, so cleansing wipes are provided should you need.

## Please read the following carefully before booking:

Absolute Contraindications (Avoid Massage Entirely):

- **Infectious Skin Conditions**: Acne, cold sores, impetigo, or warts in the treatment area.
- **Open Wounds or Recent Surgery**: Cuts, abrasions, or healing incisions on the face.
- **Severe Acne or Rosacea Flare-Ups**: May exacerbate inflammation.
- Active Skin Infections: Such as cellulitis or folliculitis.
- Uncontrolled Diabetes: Reduced skin sensitivity can make facial massage risky.
- Blood Clotting Disorders or Anticoagulant Use: Risk of bruising or hematoma.

Relative Contraindications (Modify or Consult a Professional):

- **Recent Botox or Fillers**: Avoid massage for at least 2 weeks to prevent disrupting results.
- **Skin Allergies or Sensitivities**: Be cautious with oils or products used during the massage.
- **Sunburn or Severe Windburn**: Skin irritation may worsen.
- **Skin Conditions like Psoriasis or Eczema**: Avoid during flare-ups or on affected areas.

I acknowledge that I have read and understood the list of contraindications for facial massage. I confirm that none of these contraindications apply to me at this time. I have disclosed any relevant medical or skin conditions to my practitioner. I understand that it is my responsibility to inform my practitioner of any changes to my health or skin condition before future treatments.

I consent to proceed with the facial massage treatment and release my practitioner from any liability related to undisclosed conditions.